



Heart to Heart Breakout Sessions

Heart-Healthy Cooking & Eating

10:30—11:00

Marg Junkham, Cook's Emporium

Amy Clark, Hy-Vee

Go Red Makeover Challenge

11:10—11:50

Debra Atkinson, Ames Racquet & Fitness

Sarah Haveman, Mary Greeley Medical Center

Dr. Denise Sorrentino, Iowa Heart Center

2011 Participants

